

## Baseball West Island – Notes for coaches

### 1. Rain Outs

Prior to a game, it is the home coach's responsibility to determine rain-out status, and inform:

- 1) Opposing coaches (refer to contact list)
  - 2) BWI Umpire Scheduler (Ryan Fishman, 514-684-8145, [batmanbond3dd@hotmail.com](mailto:batmanbond3dd@hotmail.com))
  - 3) BWI Parks Scheduler (John Janiszewski, by e-mail: [jjandhb@videotron.ca](mailto:jjandhb@videotron.ca))
- For Lac St Louis A league teams, this is to be done two (2) hours prior to the game start time. A league coaches will also have to send an e-mail to the LSL Directeur General ([viclevis@sympatico.ca](mailto:viclevis@sympatico.ca)).
  - For B leagues, the call for a rain out should be done one hour prior to game time.

Once teams are at the park, it is the umpire's decision as to rain delay/cancellation.

### 2. Score Reporting

For Lac St Louis leagues (Atom A, Mosquito A, Pee Wee A, Bantam A, Bantam B, Midget A, Junior BB), the home team must e-mail [viclevis@sympatico.ca](mailto:viclevis@sympatico.ca) with the Game number, game score, and any expulsions within 24 hours of the game (preferably same day). The white copy of the scoresheet must be mailed within 24 hours in postage-paid envelopes provided by the league.

For B-leagues, please e-mail the score to the convenor:  
Atom B: Jerrod Cannon [Jerrod.cannon@sympatico.ca](mailto:Jerrod.cannon@sympatico.ca)  
Mosquito B: John Janiszewski [jjandhb@videotron.ca](mailto:jjandhb@videotron.ca)  
PeeWee B: Mark Lague [mlague@videotron.ca](mailto:mlague@videotron.ca)

### 3. Game Times

All games have scheduled maximum innings, times at which a new inning is an open inning, times at which no inning can be commenced thereafter:

Division	Max Innings	Official Game	Open inning starts after	No inning starts after:
Atom B	6	2½	1h00	1h30
Atom A	6	2½	1h30 minutes	2h00
Mosquito A	6	3½	1h30 minutes	2h00
Mosquito B	6	3½	1h30 minutes	1h45
PeeWee	6	3½	1h30 minutes	2h00
Bantam	7	4½	1h50 minutes	2h20
Midget	7	4½	1h50 minutes	2h20

The umpire has the right to shorten a game depending on weather conditions or darkness. A game may be stopped during an inning if the umpire decides playing conditions so dictate.

For a game to be official, the losing team must have had the same number of batting opportunities as the winning team.

A game can end in a tie once the number of official innings has been reached, and both teams have had the same number of at-bats. That means, you will have to play at least 3 innings in Atom, 4 innings in Mosquito and PeeWee, and 5 innings in Bantam and Midget for a game to end in a tie.

### 4. Pre-Game Preparation

Many of our parks are used for multiple divisions, and park attendants do not always set the bases/pitching rubber positions at the right distance.

The home coaches should arrive early enough to verify the base positions, and pitching rubber locations.

Coaches must fill out a line-up sheet for LSL games, Mosquito B and PeeWee B games, to be given to the official scorekeeper. Home teams supply a scorekeeper – this can be a parent, or an extra bench coach if available.

Lac St Louis Rules for baseballs (Seasonal Regulations):

Balls – Atom must use 8.5” balls – DR BB85, Rawlings R850, Worth RIF 85S  
Mosquito, PeeWee - DR BB11, Rawlings 65CC, Worth BCAF – can also  
use balls approved for Bantam/Midget  
Bantam, Midget – DR BB12, Rawlings 80CC, Worth MLH

Home teams must supply game balls. Usually, at least two new(ish) balls are provided. In Atom B, five balls are supplied, in good shape, two being new.

5. Pitching Divisions – rules on number of pitched innings

Ref: LSL Article 20, BQ Article 110.

The number of pitches/innings a pitcher can pitch is limited by both BQ and LSL rules, which also enforce a rest time on pitchers. The rest time is a result of a Baseball Canada study that effectively tries to limit hard throwing to less than 200 times per week for developing athletes.

Atom A, Mosquito pitching rules – Rest Requirements

Division	Max Pitches/Innings	1 Day Rest	2 Day Rest	3 Day Rest	4 Day Rest
Atom A	75 pitches	26-40 pitches	41-55 pitches	56-65 pitches	66-75 pitches
Mosquito A	75 pitches	26-40 pitches	41-55 pitches	56-65 pitches	66-75 pitches
Mosquito B	4 innings		3 innings	4 innings	

PeeWee, Bantam and Midget pitching rules – rest requirements

Division	Max Innings/Day	No rest	2 Day Rest	3 Day Rest
PeeWee	6	<3 innings/day	3-5 innings/day	6 innings/day
Bantam	8	<4 innings/day	4-7 innings/day	8 innings/day
Midget	9	<5 innings/day	5-8 innings/day	9 innings/day

The Lac St Louis region imposes an extra requirement at all levels:

- During a season, a pitcher cannot pitch in more than 25% of all innings scheduled for the team during the season (e.g. if a team is scheduled to play 20 games of 6 innings, or 120 total innings in a season, a pitcher may not pitch in more than 25% or 30 innings total during the season).

Throwing a single pitch in an inning counts as one inning pitched. All LSL league teams will have to maintain a pitching log, signed by the umpire and opposing coach after each game. Mosquito B and PeeWee B are not required to do this.

Per BQ rules, players are no longer supposed to pitch and catch in the same game [BQ 106.12c, 106.13c, 107.2c, 108.2c]. This will be applied for all LSL league games (Atom A, Mosquito A, PeeWee A, Bantam A, Bantam B, Midget A).

6. Base Running [BQ 103.14c, 105.6.1, 106.1, 106.5, 106.8]

Division	Leading	Runner leaves early	Stealing Base	Stealing Home	5-run lead	Violation of 5-run lead rule
Atom	No	Return to base	No	No	No stealing	Return to base
Mosquito A	No	Runner out	Yes	No	No stealing	Return to base
Mosquito B	No	Return to base	No	No	No stealing	Return to base
PeeWee A	Yes	N/A	Yes	Yes	No stealing	Runner out
PeeWee B	No	Runner out	Yes	No	No stealing	Return to base
Bantam A	Yes	N/A	Yes	Yes	No stealing	Runner out
Bantam B	Yes	N/A	Yes	Yes	No stealing	Runner out
Midget A	Yes	N/A	Yes	Yes	No stealing	Runner out

With a 5-run lead, stealing of bases is not allowed, even on a wild pitch (rule 103.14c). This applies at all levels. If a player in fact advances and reaches the next base safely, they will either be returned to the previous base (in divisions with no leading), or declared out (in divisions with leading). Of course, if they don't reach the next base safely they are out.

7. Rules

Official BQ rules for 2009 will be posted on the website, under Information – Coaches - Rules.